Supplier's Product Code :	64726 (FCE200)
Product Added :	05 October 2026
Last Updated by Supplier :	05 October 2026
erudus id :	5540548d6ca14793906ba3f8dfa4d57b

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Cod fillet skin on, boneless (6 x 170-230g)

Short Product Name:
Cod fillet

Cod fillet, skin on, boneless (6 x 170-230g)

Traded Unit GTIN: - Internal GTIN: Supplier : Sysco GB Limited Suppliers Product Code : 64726 (FCE200)

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
306kJ 72kcal	0.6g	0.1g	0g	0.4g
4%	1%	1%	0%	7%

of your reference intake.

Typical values per 100g : Energy 306kJ 72kcal

Nutritional Information

Typical Values	Per 100g
Energy	306kJ 72kCal
Carbohydrates	0g
of which sugars	0g
Fat	0.6g
of which saturates	0.1g
Fibre	0g
Protein	16.7g
Salt	0.4g

Allergy Information

Key: Contains May Contain

Does Not Contain Cereal/Gluten
Does Not Contain Milk
Does Not Contain Eggs
Does Not Contain Peanuts
Does Not Contain Nuts
Does Not Contain Crustaceans
Does Not Contain Mustard
Contains Fish
Does Not Contain Lupin
Does Not Contain Sesame
Does Not Contain Celery
Does Not Contain Soya
Does Not Contain Molluscs
Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for

May not be suitable for Vegetarian
May not be suitable for Vegan
May not be suitable for Kosher
May not be suitable for Halal
NO DATA for Coeliac

Ingredients

Cod (Gadus morhua) (**FISH**).

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