

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

F01688
13 April 2026
13 April 2026
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F000288 - Genius Seeded Roll 1 x 25

Short Product Name:
Seeded Roll

Product Description:
Gluten free rolls made from tapioca starch, rice flour and potato starch

General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

Supplier's Product Code :
F01688
Supplier: Kara Foodservice (Fletchers)
Park Seventeen
Moss Lane
Whitefield
Manchester
M45 8FJ
England
P: 0161 766 7471

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	05060195902256	Outer Case Length :	212 mm
Packaging Type Description :		Outer Case Width :	285 mm
Total Quantity of Inner Units in Outer Case :	25 Units	Outer Case Height :	332 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	1.92 kg
		Product Net Weight :	1.70 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	12 Cases	Pallet Height :	1.70 MTR
Quantity of Layers Per Pallet :	7 Layers	Pallet Gross Weight :	195.50 kg
Quantity of Cases Per Pallet :	84 Cases		

Logistical Information

Shelf Life from Time of Production :	180 Days	Minimum Order Quantity :	336 Cases
Guaranteed Shelf Life on Delivery :	Not specified.	Delivery Lead Time :	4 Days

Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	5.00 g	Steel :	0.00 g
Percentage Recycled Plastic :	0.00 %	Other :	0.00 g
Paper/Board :	218.00 g	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	200.00 g	Wood Total :	29,000.00 g
Paper/Board :	0.00 g	Is Pallet Returnable? :	Yes
Percentage Recycled Plastic :	0.00 %		

Other Information

Supplier Comments :
Available through Rick Bestwicks Ltd

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance : United Kingdom

Additional Origin Details :
Made in the UK

Inner Pack Information

Internal GTIN : Not specified.

Packaging Type Description : Polythene Bag

Variable Weight Consumer Item : No

Net Drained Weight : Not specified.

Inner Unit Length : 460 mm

Inner Unit Height : 90 mm

Inner Unit Width : 265 mm

Inner Product Weight : 68.00 g

Inner Product Weight Units : g

Weight/Volume :
Not specified.

Handling Information

Directions For Use :
Defrost thoroughly in a cool dry place before use. Consume within 2 days of defrosting.

Storage Instructions :
Keep frozen, store frozen at -18°C or below. Once defrosted do not re-freeze.

Dietary Information

Ingredients :

Water, Starches (Tapioca, Potato, Maize), Mixed Seeds (18%) (Sunflower, Linseed, Flaxseed, Millet, Poppy), Rice Flour, Rapeseed Oil, Humectant (Vegetable Glycerol), Brown Flaxseed, Yeast, Black Treacle, Psyllium Husk, Iodised Salt (Salt, Potassium Iodate), Stabiliser (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Vegetable Fibres (Flaxseed, Potato, Psyllium, Bamboo), Apple Extract, Fermented Maize Starch, Dried Egg White.

Vitamins & Minerals: Calcium Carbonate, Niacin, Iron, Riboflavin, Thiamin, Folic Acid.

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	Yes
Fish (and products thereof) :	No
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	No
Wheat (and products thereof) :	No
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	No
Kamut (and products thereof) :	No
Gluten content <20ppm :	Yes
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	No
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	Yes
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	No

Allergen Statement :

Not specified.

Nutritional Information

Average Serving :	68.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,345.00 kJ
Energy per 100 G/ML :	322.00 kcal
Fat per 100 G/ML :	13 g
- of which Saturates per 100 G/ML :	1.2 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	38.1 g
- of which Sugars per 100 G/ML :	2.7 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	7.1 g
Protein per 100 G/ML :	5.6 g
Salt per 100 G/ML :	0.65 g
Sodium per 100 G\ML :	0.259 g

Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	5.00 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	-
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	Yes
Best Aquaculture Practices (BAP) Certification :	-
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

Vitamin A per 100g :	0.00 µg
Vitamin C per 100g :	0.00 mg
Folate/Folic Acid per 100g :	0.00 µg
Calcium per 100g :	0.00 mg
Iron per 100g :	0.00 mg
Zinc per 100g :	0.00 mg
Cholesterol per 100 G/ML (UK/FR) :	0.00 g
Non Milk Extrinsic Sugars per 100gm :	0.00 g
Alcoholic Strength %Vol :	0.00 % Vol
Fat Percentage in Dry Matter per 100g :	Not specified.

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Other Accreditation : BRC, Voluntary Gluten Free Module.	
Intra Stat/Taric Code :	19089080
Commodity Code :	1905908000
Identification/Health Marks :	Not specified.

Standards Testing

Do you undertake trend analysis of microbiological results?: Yes

Is shelf life testing undertaken?: Yes

Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Bacillus Cereus (cfu/g or ml)	Monthly	<20	100	-	
Coagulase-positive Staphylococci (cfu/g or ml)	Monthly	<20	100	-	
Moulds (cfu/g or ml)	Monthly	<20	100	-	
Yeast (cfu/g or ml)	Annually	<20	100	-	

Analytical Standards

Not available.